UNIVERSITY OF JAMMU

NOTIFICATION
(10/June/ ADP/ 20)

It is hereby notified for the information of all concerned that the Vice-Chancellor, in anticipation of the approval of the Academic Council, has been pleased to authorize adoption of the revised Syllabi and Courses of Study in the subject of Psychology for B.A. Part-III of three year (General ) Degree course Paper A, Paper B and Practical and for M.Sc. I to IV semester of Master's Degree Programme for the examination to be held in the years as under alongwith %age of change:-

Adoption of revised syllabi of B.A. Part-III of three year (General ) Degree course

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<tr>
<th>Class</th>
<th>Part</th>
<th>For the examination to be held in the year(s)</th>
<th>Paper</th>
<th>%age of change</th>
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<td>Paper- B</td>
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<td>Practical</td>
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Adoption of revised syllabi of M.A. I to IV semester

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Contd.
The alternative question papers are required to be set as per the University regulation given as under:-

i). If the change in the Syllabi and Courses of Study is less than 25%, no alternative Question paper will be set.

ii). If the change is 25% and above but below 50% alternative Question Paper be set for one year.

iii). If the change is 50% and above on whole scheme is changed, alternative Question Paper are set for two years.

F.Acd./10/ 3155-89
Dated: 28-06-2016

Sd/-
(DR. P.S. PATHANIA)
REGISTRAR

There shall be two written papers and one practical paper of 50 marks with three hours duration each. 20% of the marks shall be reserved for internal assessment in each theory paper and 50% marks in practical. Each theory paper shall be set for 40 marks and the practical paper for 25 marks. In case of regular students, internal assessment received from the colleges will be added to the marks obtained by them in the university examinations and in case of private candidates, marks obtained by them in the university examination shall be increased proportionately in accordance with the statues and regulations.

PAPER-A: MEASUREMENT AND STATISTICS IN PSYCHOLOGY

Duration of Examination: 3 Hours

MAXIMUM MARKS: 50

   Final Examination: 40

   Internal Assessment: 10

Syllabus for the examinations to be held in 2011, 2012, and 2013
Objectives:

After completing this paper, student should be able to:
1. understand the importance of statistics in psychological research.
2. compute measures and variability
3. should be able to know about psychological testing, reliability and validity.
4. have the understanding of population, samples, variables and groups.
5. should be able to know the various measurement scales.

TOPIC 1


TOPIC 2


TOPIC 3

Psychological testing – definition, uses and criteria of a good test. Concept of reliability and its types. Concept of validity and its types.

TOPIC 4

TOPIC 5

Marks : 8

Measurement scales – nominal, ordinal, interval and ratio scales. Sources of error in measurement. Scaling techniques – rating scales, method of paired comparisons, differential scales (Thurstone), summated scales (Likert).

Books recommended:

1). Garret HE
2). Ferguson G.A
3). Guilford
4). Frank S. Freeman
5). Anastasi
6). C.R.Kothari

Statistics in Psychology and Education
Statistical analysis in Psychology and Education
Fundamentals of Statistics in Psychology and Education
Theory and practice of Psychological testing.
Psychological testing
Research methodology – methods and techniques

Note For Paper Setting

The question Paper will consist of ten long answer type questions. There should be two questions from each unit. The candidate is required to attempt five questions selecting one from each unit. Each question will carry 8 marks. The total weightage will be 8X5 =40 Marks.
PAPER – B: SOCIAL PSYCHOLOGY

Duration of Examination: 3 Hours

Maximum Marks: 50
Final Examination: 40
Internal Assessment: 10

Syllabus for the examination to be held in 2011, 2012 & 2013.

Objectives:
This course is designed to provide an understanding of the interface between the society and psychology. The course would also provide psychological analysis of some salient contemporary social issues. It offers an insight into the dynamics underlying different sections of the society.

UNIT-1: INTRODUCTION

Nature, Scope and Importance of Social Psychology.
Methods: Interview, Field Survey, Questionnaire Method, Observation Method and Sociometric.

UNIT-2: GROUPS, CROWD BEHAVIOUR AND LEADERSHIP

Nature and Types: Primary and Secondary, Formal and Informal, In group and Out group, Functions of a group.
Crowd behavior: Meaning, Characteristics, Distinction between Group and Crowd.
Leadership: Concept, Characteristics, and function. Trait and Behavioral theories of Leadership.

UNIT-3: ATTITUDES AND PUBLIC OPINION

Measurements of Attitudes: Method of Equal Appearing interval (Thurston), Method of Summated Rating (Likert), Social Distance Scale (Borgadus), Semantic Differential.
PRACTICALS:

Duration of Examination: 3 Hours
Maximum Marks : 50
Final Examination : 25
Internal Assessment : 25

Syllabus for the examination to be conducted or held in 2011, 2012, and 2013

1. Social Intelligence Scale.
2. Sociometry
3. Attitude Scale.
4. Leadership Scale.
5. Value test.
6. Self Concept Scale.
7. Personality Test.
8. Vocational Inventory.
9. Levels of Aspiration.
10. Health Questionnaire.

The students are expected to complete 8 practical out of the list of 10 during the academic session. They will have to attempt two practical during Internal Assessment and one practical in External Examination. The breakup of the marks in the practical will be as mentioned below:

INTERNAL ASSESSMENT:
Two practical
Viva Voice
Attendance
File

(6+6) : 12 Marks
05 Marks
05 Marks
03 Marks

EXTERNAL EXAMINATION:
One Practical
Viva Voce

TOTAL : 25 Marks
15 Marks
10 Marks

TOTAL : 25 Marks
UNIT - 4 : PREJUDICE, STEROTYPE AND PROAGANDA

Nature of Prejudice, Formation of Prejudice, Types of Prejudice, Methods of Reducing Prejudice.
Nature of Stereotypes, Formation of Stereotypes, Kinds of Stereotypes, Advantages and Disadvantages of Stereotypes.
Nature of Propaganda, Types of Propaganda, Techniques of Propaganda, Propaganda and advertisement, Propaganda and Suggestion.

UNIT 5: SOCIALIZATION AND SOCIAL INTERACTION

5.1 Socialization Meaning and Process, Stages of Socialization: Infancy, Childhood, and Adolescence.
5.2 Theories of Socialization: Cooley (Social Interaction Theory), Freud (Psychoanalytic theory), Behaviorist Theory.
5.3 Nature of Social Interaction, Types of Interaction Process: Communication Cooperation Competition, Conformity, Compliance Social facilitation.

NOTE FOR PAPER SETTING:
The question paper will consist of ten long answer type questions. There should be two questions from each unit. The candidates will be required to attempt five questions selecting one from each unit. Each question will carry 8 marks. The total weight age will be 8*5=40

READING:

Worchel S, Cooper J and others,(2000), Social Psychology, U.S.A Wadsworth Thomson Learning,
COURSE NO: PSY 400
TITLE: EXPERIMENTAL PSYCHOLOGY
CREDITS: 4
Duration of Examination: 2 Hours 30 Minutes
MAXIMUM MARKS: 100
   a) Semester Examination: 80
   b) Sessional Assessment: 20

Syllabus for the examinations to be held in December 2011, December 2012 and December 2013.

*Eligibility to appear in exam: 75% Attendance in all papers.

COURSE OBJECTIVES

The course is designed to provide an in depth and critical study of experimental psychology. It includes various issues & theoretical framework of learning, motivation, emotion and intelligence in humans as well as non-humans.

Course Topics

Unit-I

1.1 Classical Conditioning:

1.2 Operant Conditioning:

1.3 Cognitive Learning:
   Tolman’s Sign Gestalt Theory of Learning, Latent Learning and Cognitive maps, Neuro-physiology of Learning.
Unit – II

2.1 Motivation:

2.2 Theories of Motivation:

2.3 Social Motives:
Achievement, Affiliation, Power, Other Motives: Exploration, Curiosity, Manipulation & Contact Aggression.

Unit – III

3.1 Emotion:
Concept of Emotions, Physiology of Emotions. Expression of Emotions: Verbal & Non-Verbal.

3.2 Emotion & Cognition:

3.3 Gender and Emotion, Culture and Emotion, Culture and the Facial Expression of Emotions.

Unit – IV

4.1 Intelligence:
Concept, Determinants of Intelligence: Heredity and Environment, Brief history of Intelligence Testing. Types of Intelligence Tests.

4.2 Theories of Intelligence:
Spearman, Thurston, Guilford, Cattell, Sternberg’s Theories.

4.3 Extremes of Intelligence
Extremes of Intelligence: Mental Retardation, Giftedness. Mental Abilities and Human Diversity: Gender and Mental Abilities, Academic Performance and Culture.
TEXT BOOKS RECOMMENDED:


FURTHER SUGGESTED READINGS


NET SURFING REQUIRED:
Students are highly encouraged to find out the relevant material through NET surfing.

NOTE FOR PAPER SETTING:
The question paper will contain two questions from each unit (total eight questions) and the candidates will be required to answer one question from each unit (total questions to be attempted will be four). Each question will carry 20 marks. The total weightage will be 20x4=80.
POST-GRADUATE DEPARTMENT OF PSYCHOLOGY
UNIVERSITY OF JAMMU

FIRST SEMESTER

DETAILED SYLLABUS

COURSE NO: PSY 401
TITLE: HISTORICAL ISSUES AND SYSTEMS OF PSYCHOLOGY
CREDITS: 4
Duration of Examination: 2 Hours 30 Minutes
MAXIMUM MARKS: 100
  a) Semester Examination: 80
  b) Sessional Assessment: 20

Syllabus for the examinations to be held in December 2011; December 2012; and December 2013.

*Eligibility to appear in exam: 75% Attendance in all papers.

COURSE OBJECTIVES

The focus of this paper is on intellectual traditions that contributed to the formal founding of psychology as an independent discipline. It outlines the major systems of psychology with an emphasis on the basic and applied contributions of each school.

COURSE TOPICS

UNIT-1

1.1 Historical Issues:
   History of psychology, Problems in Historiography, Psychology as a Science,
   Determinism, Indeterminism, & Non-Determinism.

1.2 Philosophical Issues:
1.3 Early Developments in Physiology:
George Elias Muller, Herman von Helmholtz, Edward Hering. The Rise of

UNIT-II

2.1 Structuralism:
Wilhelm Wundt & Titchner’s Contribution to Structuralism.

2.2 Functionalism:
Characteristics of Functionalism. Contribution of William James to Functionalism.

2.3 Behaviorism:
Formal Founding of American Behaviorism: J.B. Watson, Tolman and Skinner’s
Contributions to Psychology.

UNIT-III

3.1 Psychoanalysis:
Contribution of Freud: Structure of mind, Psycho-sexual stages of development,
Defense mechanisms. Critical overview


3.3 Gestalt Psychology:
Fundamentals of Gestalt psychology. Contribution of Max Wertheimer, Kurt Koffka,
and Kohler.

UNIT-IV

4.1 Existential Psychology:
Soren Aabey Kierkegaard, Martin Heidegger.

4.2 Humanistic Psychology (Third Force):
Contributions of Abraham Maslow and Carl Rogers.

4.3 The Future of Psychology:
Employment Opportunities for Psychologists, The Diversity of Psychology Clients.
TEXT BOOKS RECOMMENDED


FURTHER SUGGESTED READINGS


NET SURFING REQUIRED:
Students are highly encouraged to find out the relevant material through NET surfing.

NOTE FOR PAPER SETTING:

The question paper will contain two questions from each unit (total eight questions) and the candidates will be required to answer one question from each unit (total questions to be attempted will be four). Each question will carry 20 marks. The total weightage will be $20 \times 4 = 80$. 
POST-GRADUATE DEPARTMENT OF PSYCHOLOGY
UNIVERSITY OF JAMMU

FIRST SEMESTER

DETAILED SYLLABUS

COURSE NO: PSY 402
TITLE: RESEARCH METHODS IN PSYCHOLOGY-I
CREDITS: 4
Duration of Examination: 2 Hours 30 Minutes
MAXIMUM MARKS: 100
  a) Semester Examination: 80
  b) Sessional Assessment: 20

Syllabus for the examinations to be held in December 2011; December 2012; and December 2013.

*Eligibility to appear in exam: 75% Attendance in all papers.

COURSE OBJECTIVES

The course is designed to provide an understanding of research methodology. It includes operationalization of psychological research, research problem, survey of related literature, hypothesis, sampling, methods of data collections and report writing.

Course Topics

Unit-I

1.1 Research:
  Concept, Characteristics of Research, Need of Research for Theory Testing and Theory Building.

1.2 Research Problem:
  Sources of Research Problem, Criteria for Selecting Research Problem, Formulation of the Research Problem.

1.3 Survey of Related Literature:
  Importance, Sources of Selecting Related Literature, Websites for Psychological Literature Survey.
Unit – II

2.1 Hypothesis:
Concept, Characteristics, Importance, Types and Formulation of Hypothesis.

2.2 Sampling:

2.3 Non-Probability Sampling:
Types, Characteristics, Advantages and Limitations, Conditions for using Probability and Non-Probability Sampling.

Unit – III

3.1 Psychological Scales:
Characteristics of Psychological Scales & Tests; Attitude Scale: Characteristics, Importance, Types of Attitude Scales such as Likert Scale, Guttman Scale, Thurston’s Scale. Inventory, Battery and Checklist.

3.2 Questionnaire:
Characteristics, Importance and Limitations of Questionnaire, Preparation of Questionnaire.

3.3 Methods of Psychological Research:
Experimental Studies, Field Studies, Ex-Post-Facto Research, Cross-Cultural Studies: Characteristics, Advantages and Limitations.

Unit – IV

4.1 Quasi-Experimental Research:
Characteristics, Need For Quasi Experimental Research, Single Case Research Design (N=1), Time Series Design.

4.2 Writing Research Report:

4.3 Research Proposal/Synopsis:
Importance, Steps of Writing Synopsis, Preparing Major and Minor Research Projects, Budgeting, Time and Man Power Planning.
TEXT BOOKS RECOMMENDED


FURTHER SUGGESTED READINGS


NET SURFING REQUIRED:
Students are highly encouraged to find out the relevant material through NET surfing.

NOTE FOR PAPER SETTING:

The question paper will contain two questions from each unit (total eight questions) and the candidates will be required to answer one question from each unit (total questions to be attempted will be four). Each question will carry 20 marks. The total weightage will be 20x4=80.
FIRST SEMESTER

DETAILED SYLLABUS

COURSE NO: PSY 403
TITLE: STATISTICAL FOUNDATIONS OF PSYCHOLOGICAL RESEARCH
CREDITS: 4
Duration of Examination: 2 Hours 30 Minutes
MAXIMUM MARKS: 100
  a) Semester Examination: 80
  b) Sessional Assessment: 20

Syllabus for the examinations to be held in December 2011; December 2012; and December 2013.
(Non-programmable electronic calculators may be used in the Examination Hall.)

*Eligibility to appear in exam: 75% Attendance in all papers.

COURSE OBJECTIVES

This course is designed to make students familiar with the concepts and methods used in statistical analysis of test scores, types of variables encountered in psychological research and how data are presented. Students are also learning the application of knowledge in tabulating test scores, interpreting test scores, generalizing findings and predicting certain events in new situations.

COURSE TOPICS

UNIT-1

1.1 Levels of Measurement: Nominal, Ordinal, Interval, and Ratio.
1.2 The Characteristics of the Normal Distribution Curve

1.3 Applications of Normal Distribution Curve:
   1) Determination of the percent of cases/no. of scores falling within given limits
   2) Determination of the Limits, which include given percent of cases.
3) Determination of Raw Scores from the given percent of cases.

4) To Compare the Distribution in terms of overlapping.

UNIT- II

2.1 Correlation: Concept, Assumptions and Computations. Product Moment Methods.
2.2 Biserial Correlation: Concept, Computation.
2.3 Point Biserial Correlation: Concept, Computation.

UNIT- III

3.1 Concept of Levels of Significance: Estimating Confidence Limits of Mean (large samples and small samples)
3.2 Significances of Differences between the Means for Independent Samples (small and large samples)
3.3 Analysis of Variance: Concept, Computation of One-Way Analysis of Variance.

UNIT- IV

4.1 Computation of chi-square test for hypothesis testing:
   a) Testing Deviation of the observed frequencies from the expected frequencies against Equal Probability Hypothesis.
   b) Normal Distribution Hypothesis
   c) 2 x 2 contingency table


TEXT BOOKS RECOMMENDED


FURTHER SUGGESTED READINGS


NET SURFING REQUIRED:
Students are highly encouraged to find out the relevant material through NET surfing.

NOTE FOR PAPER SETTING:

The question paper will contain two questions from each unit (total eight questions) and the candidates will be required to answer one question from each unit (total questions to be attempted will be four). Each question will carry 20 marks. The total weightage will be 20x4=80.
FIRST SEMESTER

DETAILED SYLLABUS

COURSE NO: PSY 425
TITLE: PSYCHOLOGY PRACTICUM-I
CREDITS: 4

Duration of Examination: ONE DAY: Three Hours.
There will be One External Examiner and One Internal Examiner.

MAXIMUM MARKS: 100

DISTRIBUTION OF MARKS (Internal Exam.):

(a) Conduction : 20 marks
(b) Viva-Voce examination : 20 marks
(c) Practical Record File : 10 marks

Total : 50 marks

DISTRIBUTION OF MARKS (External Exam.):

(a) Conduction : 20 marks
(b) Viva-Voce examination : 30 marks

Total : 50 marks

Syllabus for the Practical Examinations to be held in December 2011; December 2012 and December 2013.

*Eligibility to appear in exam: 75% Attendance.

COURSE OBJECTIVES

This course is designed to provide students an understanding of important concepts involved in psychology and to enhance their ability to apply this knowledge to test various concepts in Laboratory conditions.
At least 6 practical out of the following list have to be conducted during the semester.

1) Psychophysics
2) Hand Withdrawal Conditioning
3) Two hand Coordination
4) Zeigarnik effect
5) Emotions related
6) MPI
7) Verbal/Non-Verbal Intelligence Test
8) Achievement Motivation test

NOTE: Students should be familiar with the working of the following apparatus:
   a) Bright Discrimination Apparatus
   b) Two Hand Co-Ordination Apparatus
   c) Hand Withdrawal Conditioning Apparatus
   d) Digital Memory Apparatus.

NET SURFING REQUIRED:
Students are highly encouraged to find out the relevant material through NET surfing.
POST-GRADUATE DEPARTMENT OF PSYCHOLOGY

UNIVERSITY OF JAMMU

SECOND SEMESTER

DETAILED SYLLABUS

COURSE NO: PSY 450
TITLE: PSYCHOLOGY OF PERSONALITY
CREDITS: 4
Duration of Examination: 2 Hours 30 Minutes
MAXIMUM MARKS: 100
   a) Semester Examination: 80
   b) Sessional Assessment: 20

Syllabus for the examinations to be held in May 2011, May 2012
and May 2013.
*Eligibility to appear in exam: 75% Attendance in all papers.

COURSE OBJECTIVES

This course is designed to help students to understand the diverse psychological strategies
to analyze personality. The paper includes different theoretical frameworks to understand
the personality.

COURSE TOPICS

Unit-I

1.1 Personality:
   Definition, Structure, Process.
   Growth and Development of Personality: Genetic Determinants, Environmental
   Determinants. Relation between Genetic and Environmental Determinants.

1.2 General Approaches to Research:
   Case Studies and Clinical Research, Laboratory Studies and Experimental Research,
   Personality Questionnaire and Co-Relational Research.

1.3 Important Issues in Personality Theories:
   Philosophical Views of Person, Internal and External Determinants of Personality,
   Consistency Across Situations and Over Time, the Unity of Behavior and the
   Concept of Self, Varying States of Awareness and the Concepts of Unconscious,
   Relationship Among Cognition, Affect and Overt Behavior, The Influence of the
   Past, Present and Future Behavior.
Unit-II

2.1 Freud’s Psychoanalytic Theory of Personality:
Structure, Process, Growth & Development of Personality.

2.2 Neo-psychoanalytic Approach:
Alfred Adler’s Theory of Personality: Inferiority and Superiority Complex, Striving for Superiority, The Style of Life, Social interest, Birth Order, Assessment in Adler’s Theory.

2.3 Carl Jung’s Theory of Personality: Psychic Energy; Opposites, Equivalence, and Entropy. The System of Personality, The Development of Personality, Assessment in Jung’s Theory.

Unit-III

3.1 Gordon W. Allport’s Theory of Personality:
The Nature of Personality, Traits, Stages of Development of Personality, Assessment of Personality.

3.2 H.J. Eysenck’s Theory of Personality:
The Dimensions of Personality, Extraversion, Neuroticism, Psychoticism, The Primary Role Heredity, Assessment of Personality.

3.3 Cattell’s Theory of Personality: Classification of Traits, Ergs and Sentiments, Attitudes, Subsidiation, The Self-Sentiment, The Influences of Heredity and Environment, Stages of Personality Development, Assessment of Personality.

Unit-IV


TEXT BOOKS RECOMMENDED


FURTHER SUGGESTED READINGS


NET SURFING REQUIRED:
Students are highly encouraged to find out the relevant material through NET surfing.

NOTE FOR PAPER SETTING:

The question paper will contain two questions from each unit (total eight questions) and the candidates will be required to answer one question from each unit (total questions to be attempted will be four). Each question will carry 20 marks. The total weightage will be 20x4=80.
COURSE OBJECTIVES

This course is designed to provide knowledge as to how behavior is controlled by physiological processes. This paper includes the study of neurons, neural communication, nervous system, sensory systems, mechanisms of sleep, waking, emotions and aggression. Paper also includes the human sexual behavior.

COURSE TOPICS

Unit-I


1.2 Neural Communication:

1.3 Nervous System:
   - Principal Structures and Functions: Central Nervous System, Peripheral Nervous System and Autonomic Nervous System.
Unit-II

2.1 Neurotransmitters:

2.2 Auditory System:

2.3 Vestibular System:

Unit-III

3.1 Sleep:
   Stages of Sleep, Functions of Sleep, Physiological Mechanism of Sleep and Waking: Chemical Control of Sleep, Neural Control of Arousal, Neural Control of Sleep, Disorders of Sleep: Insomnia, Problems associated with REM Sleep, Problems associated with Slow-Wave Sleep.

3.2 Emotions:
   Neural Control of Emotional Response Patterns, Perception of Stimuli with Emotional Significance, Expression and Recognition of Emotions.

3.3 Aggressive Behavior:
   Neural Control of Aggressive Behavior, Hormonal Control of Aggressive Behavior, Effects of Androgens on Human Aggressive Behavior.

Unit-IV

4.1 Sexual Development:
   Production of Gametes and Fertilization, Development of the Sex Organs, Sexual Maturation.

4.2 Hormonal Control of Sexual Behavior:
   Hormonal Control of Female Reproductive Cycles, Organizational Effects of Androgens on Behavior: Masculinization and Defeminization, Effects of Pheromones.
4.3 Human Sexual Behavior:
Activational Effects of Sex Hormones on Women’s Sexual Behavior, Activational Effects of Sex Hormones in Men, Sexual Orientation, Neural Control of Sexual Behavior: Males & Females.

TEXT BOOKS RECOMMENDED


FURTHER SUGGESTED READINGS


NET SURFING REQUIRED:
Students are highly encouraged to find out the relevant material through NET surfing.

NOTE FOR PAPER SETTING:

The question paper will contain two questions from each unit (total eight questions) and the candidates will be required to answer one question from each unit (total questions to be attempted will be four). Each question will carry 20 marks. The total weightage will be 20x4=80.
COURSE NO: PSY 452  
TITLE: RESEARCH METHODS IN PSYCHOLOGY-II  
CREDITS: 4  
Duration of Examination: 2 Hours 30 Minutes  
MAXIMUM MARKS: 100  
a) Semester Examination: 80  
b) Sessional Assessment: 20

Syllabus for the examinations to be held in May 2011, May 2012 and May 2013.  
*Eligibility to appear in exam: 75% Attendance in all papers.

COURSE OBJECTIVES  
This course aims at familiarizing with various designs of experiments along with statistical procedures. It also enables the students to understand Psychological test standardization process, sources of bias in psychological testing, and various multivariate techniques that are employed in research for data analysis. This course will also enable the students to appreciate the relevance of qualitative methods in psychology research.

COURSE TOPICS

Unit-I  
1.1 Standardization of Psychological Tests:  

1.2 Reliability:  
Characteristics of Reliability, Types of Reliability, Computation of Reliability by Cronbach Alpha Method.

1.3 Validity: Types of Validity, Factors affecting validity, Relationship between reliability and validity.
Unit-II

2.1 Norms:
Types of Norms and Computation of Norms by Standard Score and Percentile Rank Method.

2.2 Sources of Bias in Psychological Testing and Measurement of Errors:

2.3 Ethical Principles for Psychological Testing and research.

Unit-III

3.1 Analysis of Variance (ANOVA): Characteristics, Assumptions, Difference between Randomized Group Design and Repeated Group Design. Computation of Two Way ANOVA.

3.2 Randomized Block Design:
Characteristics, Blocking, Difference between Randomized Block Design with Single Subject in each Cell and N Subjects in each Cell, General Layout of Design showing the Total Variation and df; Computation of Randomized Block Design (Single Subject in each Cell).

3.3 Analysis of Covariance of Single-Factor:

Unit-IV

4.1 Factor Analysis:
Concept, Historical Background of Factor Theory, Spearman, L.L. Thurston, Cattel, Computation of Centroid Method of Factor Analysis, Extraction of First and Second Factors Only; Communality, Specificity, Uniqueness, Eigen Value, Naming Factors. Interpretations of Factor Loadings.

4.2 Regression Analysis:
Simple Linear Regression: Concept, Characteristics, Link between Correlation and Simple Regression, Differences between Regressional Analysis and Path Analysis, Computation of Simple Linear Regression.

4.3 Qualitative Research: Features of Qualitative Research, Limitations of qualitative research, Difference between Qualitative and Quantitative Research. Semi-structured Interviews and Case Studies: Challenges Associated with these two methods.
TEXT BOOKS RECOMMENDED


FURTHER SUGGESTED READINGs


NET SURFING REQUIRED:
Students are highly encouraged to find out the relevant material through NET surfing.

NOTE FOR PAPER SETTING:

The question paper will contain two questions from each unit (total eight questions) and the candidates will be required to answer one question from each unit (total questions to be attempted will be four). Each question will carry 20 marks. The total weightage will be 20x4=80.
COURSE NO: PSY 454
TITLE: FOUNDATIONS OF COGNITIVE PSYCHOLOGY
CREDITS: 4
Duration of Examination: 2 Hours 30 Minutes
MAXIMUM MARKS: 100
  a) Semester Examination: 80
  b) Sessional Assessment: 20

Syllabus for the examinations to be held in May 2011, May 2012 and May 2013.
*Eligibility to appear in exam: 75% Attendance in all papers.

COURSE OBJECTIVES
This course discusses the concepts, issues and theoretical developments in the areas of attention, perception and memory. The paper includes the different theories of information processing, forgetting.

COURSE TOPICS

Unit-I


Unit-II

2.1 Attention:
2.2 Perception:

2.3 Individual and Gender Differences in Cognition:

Unit-III

3.1 Memory:

3.2 Encoding and Transfer of Information: Forms of Encoding, Transfer of Information from Short Term Memory to Long Term Memory. Retrieval from Short Term and Long Term Memory.

3.3 Forgetting:

Unit-IV

4.1 Mental Representation of Knowledge:

4.2 Decision Making and Reasoning:

4.3 Thinking and Problem Solving:
TEXT BOOKS RECOMMENDED


FURTHER SUGGESTED READINGS


NET SURFING REQUIRED:
Students are highly encouraged to find out the relevant material through NET surfing.

NOTE FOR PAPER SETTING:

The question paper will contain two questions from each unit (total eight questions) and the candidates will be required to answer one question from each unit (total questions to be attempted will be four). Each question will carry 20 marks. The total weightage will be 20x4=80.
COURSE NO: PSY 475    TITLE: PSYCHOLOGY PRACTICUM-II

CREDITS: 4
Duration of Examination: ONE DAY: Three Hours.
There will be One External Examiner and One Internal Examiner/Head of the Department.

MAXIMUM MARKS: 100

DISTRIBUTION OF MARKS (Internal Exam):

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<tr>
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Syllabus for the Practical Examinations to be held in December 2011; December 2012 and December 2013.

*Eligibility to appear in exam: 75% Attendance.

COURSE OBJECTIVES

This course is designed to provide students an understanding of important concepts involved in psychology and to enhance their ability to apply this knowledge to test various concepts in Laboratory conditions.

At least 6 practical out of the following list have to be conducted during the semester.
List of Experiments / Tests

1) Reaction time
2) Depth perception.
3) Brightness discrimination.
4) Divided attention.
5) Problem solving test.
6) Culture fair personality test.
7) Adjustment inventory.
8) Anxiety test.
POST-GRADUATE DEPARTMENT OF PSYCHOLOGY
UNIVERSITY OF JAMMU

THIRD SEMESTER
DETAILED SYLLABUS

COURSE NO: PSY 501
TITLE: PSYCHOPATHOLOGY

CREDITS: 4
Duration of Examination: 2 Hours 30 Minutes
MAXIMUM MARKS: 100
   Semester Examination: 80
   Sessional Assessment: 20

Syllabus for the examinations to be held in December 2011; December 2012; and December 2013.

*Eligibility to appear in exam: 75% Attendance in all papers.

COURSE OBJECTIVES

To acquaint students with the nature of various manifestations of psychopathology. The paper includes Anxiety Disorders, Somatoform, Dissociative and Personality Disorders, Mood Disorders and Schizophrenia.

UNIT-I  INTRODUCTION TO PSYCHOPATHOLOGY

1.1 Psychopathology:
   Meaning, Science of Psychopathology, Historical Conceptions of Abnormal Behavior.

1.2 Multiaxial System (DSM-TR):
   Dimensions of Classification, Diagnostic Categories

1.3 The Competency Based Assessment Model:
UNIT-II ANXIETY DISORDERS

2.1 Phobias:
Clinical Picture and Etiology of Agoraphobia and Social Phobia

2.2 Generalized Anxiety Disorders (GAD) and Panic Disorders:
Clinical Picture and Etiology

2.3 Posttraumatic Stress Disorders (PTSD) and Obsessive Compulsive Disorder (OCD): Clinical Picture and Etiology.

UNIT-III SOMATOFORM, DISSOCIATIVE & PERSONALITY DISORDERS

3.1 Somatoform Disorders:
Characteristics and Etiology of Pain Disorder, Body Dysmorphic Disorder, Hypochondriasis, and Conversion Disorder.

3.2 Dissociative Disorders:
Characteristics and Etiology of Dissociative Amnesia, Depersonalization Disorder, Dissociative Identity Disorder, and Dissociative Fugue.

3.3 Personality Disorders:
Characteristics and Etiology of Paranoid, Schizoid, Schizotypal, Narcissistic, Histrionic, Antisocial, Border Line, Avoidant, Personality Disorders, Dependent Personality Disorders.

UNIT-IV MOOD DISORDERS AND SCHIZOPHRENIA

4.1 Mood Disorders:
General Characteristics & Symptoms of Depression, Dysthymia & Cyclothymia – Clinical Picture and etiology, Beck’s Cognitive Theory of Depression, Interpersonal theory of Depression

4.2 Disorders of childhood and adolescence:
Childhood depression symptoms and Etiology.
Conduct disorder and oppositional defiant disorder: clinical picture and etiology.
Pervasive developmental Disorder: clinical picture and etiology.

4.3 Schizophrenia:
Clinical Picture and Etiology of Catatonic, Paranoid, Disorganised, Undifferentiated and Residual.
TEXT BOOKS RECOMMENDED


FURTHER-SUGGESTED READINGS


NET SURFING REQUIRED:
Students are highly encouraged to find out the relevant material through NET surfing.

NOTE FOR PAPER SETTING:

The question paper will contain two questions from each unit (total eight questions) and the candidates will be required to answer one question from each unit (total questions to be attempted will be four). Each question will carry 20 marks. The total weightage will be 20x4=80.
POST-GRADUATE DEPARTMENT OF PSYCHOLOGY
UNIVERSITY OF JAMMU

THIRD SEMESTER

DETAILED SYLLABUS

COURSE NO: PSY 503
TITLE: ORGANIZATIONAL PSYCHOLOGY

CREDITS: 4
Duration of Examination: 2 Hours 30 Minutes
MAXIMUM MARKS:
  Semester Examination: 80
  Sessional Assessment: 20

Syllabus for the examinations to be held in December 2011; December 2012; and
December 2013.

*Eligibility to appear in exam: 75% Attendance in all papers.

COURSE OBJECTIVES
This course is designed to understand the behavior of individuals in Organizations.
This will familiarize students about forces that are Organizational Behavior today,
Organizational Structure, Personality, Motivation, Leadership, Communication and
Pro-social Behavior.

UNIT-1 ORGANIZATIONAL BEHAVIOUR

1.1 Organizational Behavior:
  Meaning & Definition, Historical View of the Organizational Behavior, Forces
  Shaping Organizational Behavior Today.

1.2 Organizational Structure:
  Organizational Charts. Basic Elements of Organizational Structure: Hierarchy of
  Authority, Division of Labor, Span of Control, Line and Staff Positions &
  Decentralization. Departmentalization: Another Ways of Structuring Organization.

1.3 Organizational Design:
  Classical and Neoclassical Approaches, The Contingency Approaches, Mintzberg’s
  Framework of Organizational Design, Contemporary Organizational Design:
  Boundaryless Organizations, Modular Organization and Virtual Organization. Inter-
  organizational Designs.
Unit –II  PERSONALITY AND MOTIVATION

2.1 Personality:

2.2 Measurement of Personality in Organization:

2.3 Motivation:
Components of Motivation, Theories of Motivation: Motivation by Meeting Needs, Motivating by Setting Goals, Motivating by Being Fair, Motivating by Altering Expectations, Motivating by Structuring Jobs. Various Theoretical Implications for Enhancing Motivation.

Unit – III  LEADERSHIP

3.1 Leadership:
Meaning & Definition, Theories of Leadership: Trait Theories, Behavioral Theories (Lowa Studies of Leadership, Ohio State Studies, Michigan Studies, Managerial and Scandinavian Studies), Contingency Approach (Fielder’s Theory, Situational Theory, Path-Goal Theory, Normative Design Theory, Substitute for Leadership).

3.2 Group- Exchange Theory of Leadership:
Leader-Member Exchange Theory of Leadership (LMX/VDL, Vertical Dyadic Linkage), Attributional Theory.

3.3 Contemporary Theories of Leadership:
a) Charismatic Leadership, b) Transformational & Transactional Leadership, c) Team Leadership, d) Emotional Intelligent Leadership, e) Contagious Leadership, f) Cross-Cultural Leadership, g) Ethical Leadership, h) Spiritual Leadership.
UNIT-IV COMMUNICATION, PROSOCIAL & DEVIANT BEHAVIOUR IN ORGANIZATION

4.1 Communication:

4.2 Prosocial Behavior:
Altruism, Organizational Citizenship Behavior, Whistle-Blowing, Cooperation.

4.3 Deviant Organizational Behavior:

TEXT BOOK READINGS


FURTHER SUGGESTED READINGS


NET SURFING REQUIRED:
Students are highly encouraged to find out the relevant material through NET surfing.
NOTE FOR PAPER SETTING:

The question paper will contain two questions from each unit (total eight questions) and the candidates will be required to answer one question from each unit (total questions to be attempted will be four). Each question will carry 20 marks. The total weightage will be $20 \times 4 = 80$. 
POST-GRADUATE DEPARTMENT OF PSYCHOLOGY
UNIVERSITY OF JAMMU

THIRD SEMESTER

DETAILED SYLLABUS

COURSE NO: PSY 504
TITLE: ADVANCED SOCIAL PSYCHOLOGY
CREDITS: 4
Duration of Examination: 2 Hours 30 Minutes
MAXIMUM MARKS: 100
   Semester Examination: 80
   Sessional Assessment: 20

Syllabus for the examinations to be held in December 2011; December 2012; and December 2013.

*Eligibility to appear in exam: 75% Attendance in all papers.

COURSE OBJECTIVES

This course aims at enabling students to appreciate how individual behavior is influenced by social and cultural context. It also help them to understand how social behavior can be analyzed in terms of social-psychological theories and help them to realize how social psychological knowledge can be used in solving social problems.

UNIT I

1.1 Historical Background: Nature and Growth of Social Psychology as a Modern Discipline.

1.2 The Dynamics of Groups: Concept, Groups function, Influence of group on Individual performance, Social Facilitation and Social Loafing, Co-ordination in group; cooperation and conflict, factors influencing cooperation and conflict.

1.3 Pro-social Behavior: Five Step Model of Pro-social Behavior; Genetic factors in pro-social behavior, Situational Factors and Personality Factors.
UNIT II

2.1 Non-Verbal Communication: Channels, Gender and Cultural issues relating to non-Verbal behavior, Functions of Non-Verbal Communication.

2.2 Attribution Process: Theory of Correspondent Inference; Theory of Casual Attribution; Other dimensions of Causal Attribution: Augmentation and Discounting; Basic Sources of Error.


UNIT III


3.2 Attitudes and Behavior; Attitude Change and Persuasion: Early Approach, Cognitive Approach, Resistance to Persuasion, Cognitive Dissonance.

3.3 Self Concept: The basic Schema, Self Esteem, Other Aspects of Self Functioning: Focusing, Monitoring and Efficacy; Sex and Gender, Gender Identity and Gender Stereotype.

UNIT IV

4.1 Aggression: Meaning, Theories of Aggression: Instinct Theories, Biological Theories, Social Learning Theory, Frustration-Aggression Theory.

4.2 Determinants of Aggression: Social Determinants, Personal Determinants and Situational Determinants; Prevention and Control of Aggression.

4.3 Conflict: Meaning, Types of Interpersonal Conflict, Resolving Conflict: Individual and Interpersonal Conflict, The value of Conflict.

TEXT BOOK READINGS


FURTHER SUGGESTED READINGS


NET SURFING REQUIRED:
Students are highly encouraged to find out the relevant material through NET surfing.

NOTE FOR PAPER SETTING:

The question paper will contain two questions from each unit (total eight questions) and the candidates will be required to answer one question from each unit (total questions to be attempted will be four). Each question will carry 20 marks. The total weightage will be 20x4=80.
COURSE OBJECTIVES

To acquaint the students with the nature and significance of the emerging area of health psychology. It also highlights the importance of social and psychological processes in the experience of health and illness. It also focuses on the behavioral risk, disease prevention and health promotion.

UNIT I: Introduction to Health Psychology

1.1 Health:

1.2 Emergence of the Field of Health Psychology: Changing Patterns of Illness, Expanded Health Care Services, Increased Medical Acceptance, Methodological Contributions. Psychology's Role in Health: Problems in the Health Care System, The Person's Role in Health and Illness, Lifestyle and Illness, Personality and Illness. Emergence of the Role of Psychology: Psychosomatic Medicine, Behavioral Medicine, Health Psychology.
1.3 Models in Health Psychology:

UNIT II: Human Behavior and Health

2.1 The Role of Human Behavior in Disease:

2.2 Preventing Illness:


UNIT III: Health-Enhancing Behaviors and Lifestyle-Related Disorders

3.1 Exercise:
Benefits of Exercise, Types of Exercise, Determinants of Regular Exercise, Accident Prevention, Home and Work Place Accidents, Motor Cycle and Automobile Accidents.

3.2 Cancer-Related Health Behaviors:
Breast Self-Examination, Mammography, Testicular self-Examination, Sun-screen Use.

3.3 Substance-related Disorders and Prevention:
UNIT IV: Health Services and Patient-Provider Relations

4.1 Recognition and Interpretation of Symptoms. Using and Misusing Health Services.

4.2 The Patient in the Hospital Setting:
   Structure of the Hospital, Functioning of the Hospital, The Impact of Hospitalization on the Patient. Interventions to Increase Control in Hospital Settings: Coping with Surgery Through Control Enhancing Interventions. Coping with Stressful Medical Procedures through Control-Enhancing Interventions.

4.3 Health-Care Provider and Patient-Provider Communication:

TEXT BOOK READINGS


FURTHER SUGGESTED READINGS


NET SURFING REQUIRED:
Students are highly encouraged to find out the relevant material through NET surfing.

NOTE FOR PAPER SETTING:
The question paper will contain two questions from each unit (total eight questions) and the candidates will be required to answer one question from each unit (total questions to be attempted will be four). Each question will carry 20 marks. The total weightage will be 20x4=80.
COURSE NO: PSY 525
TITLE: PSYCHOLOGY PRACTICUM-III

CREDITS: 4
Duration of Examination: TWO DAYS (Examination shall be conducted in Two Sessions of Three Hours Each.)
MAXIMUM MARKS: 100
Semester Examination: 50
Sessional Assessment: 50

Syllabus for the examinations to be held in December 2011, December 2012 and December 2013.
*Eligibility to appear in exam: 75% Attendance in all papers.

COURSE OBJECTIVES
To develop skills of psychological evaluation in the areas of clinical and organizational psychology.

CONTENTS
At least eight tests (Four from each section) out of the following list have to be conducted during the semester.

Section A: (Clinical Psychology)
Wechsler Adult Intelligence Scale (WAIS)
Maudsley Personality Inventory (MPI)
IPAT Anxiety Scale
Children’s Apperception Test (CAT)
Raven’s Standard Progressive Matrices
Section B: (Organizational Psychology)

Work Motivation Questionnaire (WMQ)

Occupational Self-Efficacy Scale (ÓSES)

Organizational Climate Scale (OCS)

Job Satisfaction Scale (JSS)

The Occupational Stress Index (OSI)

NOTE FOR EXAMINER:

The candidates will have to conduct two tests (Practical) one from Clinical Psychology and one from Organizational Psychology in the examination, which would be assigned to them through lottery. It would be followed by a Viva-Voce examination. There will be one External Examiner and Head as Internal Examiner.

DISTRIBUTION OF MARKS (Internal Exam.):

(a) Conduction of Two Tests : 20 marks
(b) Viva-Voce examination : 25 marks
(c) Project File Case : 05 marks

1) Total : 50 marks

DISTRIBUTION OF MARKS (External Exam.):

(d) Conduction of Two Tests : 20 marks
(e) Viva-Voce examination : 30 marks

2) Total : 50 marks

READINGS


Diagnostic and Statistical Manual of Mental Disorders, 4th Ed. (DSM IV)


Manuals of Psychological Tests Covered.


NET SURFING REQUIRED:
Students are highly encouraged to find out the relevant material through NET surfing.
POST-GRADUATE DEPARTMENT OF PSYCHOLOGY
UNIVERSITY OF JAMMU
FOURTH SEMESTER
DETAILED SYLLABUS

COMMON CORE COURSE FOR BOTH SPECIALIZATIONS

COURSE NO: PSY 550     TITLE: COMMUNITY PSYCHOLOGY

CREDITS: 4
Duration of Examination: 2 Hours 30 Minutes
MAXIMUM MARKS: 100
  a) Semester Examination: 80
  b) Sessional Assessment : 20

Syllabus for the examinations to be held in May 2011, May 2012, and May 2013.

*Eligibility to appear in exam: 75% Attendance in all papers.

COURSE OBJECTIVES
The course is designed to provide an in-depth and critical study of Community Psychology. It includes the nature and goals of community psychology. Interventions within a community framework, community-based programs, and current applied issues in community psychology are covered.

COURSE TOPICS

UNIT- 1
1.1 Introduction to Community Psychology: Brief Historical Background; Philosophy of Community Psychology.

1.2 Goals of Community Psychology, Community Psychology Today.

UNIT-II

2.1 Community Mental Health: Brief History of Mental Disorders; Epidemiology of Mental Disorders; Deinstitutionalization; Common Alternatives to Institutionalization

2.2 Social and Human Services in the Community.

2.3 Specific Social Issues and Social Services in the Community: Child Maltreatment; The Elderly; The Homeless: Scope of the Issue, Causes and Prevention Programmes.

UNIT-III

3.1 The Traditional Justice System: Criminal Justice Processes; Crime and Criminals; The Prisons; Victims and the Fear of Being Victimized.

3.2 Enforcement Agencies; Preventive Measures: Predicting At-Risk Behavior; Prevention with At-Risk Individuals; Designing the Environment to Prevent the Crime; Reducing the Fear of Crime; Citizen Involvement in Police Matters.

3.3 Secondary Prevention: Early Intervention Efforts; Parental Training; Reducing Recidivism in Juvenile Delinquents; Early Assistance for Victims; Tertiary Programs: After-the-Fact Interventions for Chronic Justice System Problems.

UNIT-IV

4.1 Community Health and Prevention: Tobacco and Alcohol: Extent of the Problem, Community Psychology Approach.

4.2 Human Immunodeficiency Virus (HIV) and AIDS: Extent of the Problem; Complexities and Controversies; Possible Solutions; Community Psychology Based Approach.


TEXT BOOKS RECOMMENDED


**FURTHER SUGGESTED READINGS**


**NET SURFING REQUIRED:**
Students are highly encouraged to find out the relevant material through NET surfing.

**NOTE FOR PAPER SETTING:**

The question paper will contain two questions from each unit (total eight questions) and the candidates will be required to answer one question from each unit (total questions to be attempted will be four). Each question will carry 20 marks. The total weightage will be $20 \times 4 = 80$. 
COURSE NO: PSY- 551  
TITLE: DEVELOPMENTAL PSYCHOLOGY

CREDITS: 4  
Duration of Examination: 2 Hours 30 Minutes  
MAXIMUM MARKS: 100  
a) Semester Examination: 80  
b) Sessional Assessment : 20

Syllabus for the examinations to be held in May 2011, May 2012, and May 2013.

*Eligibility to appear in exams: 75% Attendance in all papers.

COURSE OBJECTIVES
This course is designed to provide an in-depth study of Psychology. It includes physical, social & cognitive development of Human being at different stages of development.

COURSE TOPICS

UNIT- I

1.1 Nature of Development:  
Biological, Cognitive and Socio-emotional Process, Developmental Issues.  
Influences on Development: Heredity, Environment, Major Contextual Influences.

1.2 Theories of Development:  

1.3 Prenatal Development:  

UNIT-II

2.1 Physical Development During Infancy:  
Early Physical Development. Cognitive Development During 1st Three Years:  
Studying Cognitive Development.

2.2 Language Development During Infancy, Psychological Development during Infancy:  
Foundations of Psychosocial Development, Developmental Issues in Infancy.
2.3 Physical and Psychosocial Development in Early Childhood:

UNIT-III  Middle Childhood and Adolescence

3.1 Physical Development During Middle Childhood:

3.2 Psychosocial Development in Middle Childhood & Adolescence:

3.3 Psychosocial Development in Adolescence:
Search for Identity, Sexuality, Relationship with Family, Peers and Adult Society.

UNIT-IV  Adulthood

4.1 Young Adulthood:

4.2 Middle Adulthood:

4.3 Late Adulthood:
TEXT BOOKS RECOMMENDED


FURTHER SUGGESTED READINGS


NOTE FOR PAPER SETTING:

The question paper will contain two questions from each unit (total eight questions) and the candidates will be required to answer one question from each unit (total questions to be attempted will be four). Each question will carry 20 marks. The total weightage will be 20x4=80.
OPTIONAL COURSE
COURSE NO: PSY 554
CREDITS: 4

TITLE: CLINICAL PSYCHOLOGY: ASSESSMENT AND DIAGNOSIS

Duration of Examination: 2 Hours 30 Minutes
MAXIMUM MARKS: 100
   a) Semester Examination: 80
   b) Sessional Assessment: 20

Syllabus for the examinations to be held in May 2011, May 2012, and May 2013.

*Eligibility to appear in exam: 75% Attendance in all papers.

COURSE OBJECTIVES

This course is designed to familiarize students with the nature, issues and processes of clinical psychology. It will train the students for psycho-diagnostic and clinical skills required for making a sound assessment and diagnosis.

COURSE TOPICS

UNIT-1  Foundations of Clinical Psychology

1.1 An Introduction to Clinical Psychology with Historical Perspective
1.2 Functions of Clinical Psychology
1.3 Current Issues in Clinical Psychology

UNIT-II  Diagnosis and Classification of Psychological Problems

2.1 The Importance of Diagnosis
2.2 DSM-IV, DSM-IV (R) and ICD-10
2.3 General Issues in Classification
UNIT-III  The Assessment Interview

3.1 Assessment in Clinical Psychology

3.2 The Interview: General Characteristics, Interviewing Essentials and Techniques

3.3 Varieties of Interviews: The Intake-Admission Interview, The Case History Interview, Mental Status Examination Interview, The Crisis Interview

UNIT-IV  Varieties of Assessment: Intelligence, Personality & Behaviour


4.3 Behavioural assessment: Observation Methods: Naturalistic Observation, Controlled Observation, Controlled Performance Techniques, Self-Monitoring, Contemporary Trends in Data Acquisition.

TEXT BOOK READINGS


FURTHER SUGGESTED READINGS


NET SURFING REQUIRED:
Students are highly encouraged to find out the relevant material through NET surfing.

NOTE FOR PAPER SETTING:

The question paper will contain two questions from each unit (total eight questions) and the candidates will be required to answer one question from each unit (total questions to be attempted will be four). Each question will carry 20 marks. The total weightage will be 20x4=80.
OPTIONAL COURSE

COURSE NO: PSY 559 TITLE: COUNSELING AND PSYCHOTHERAPEUTIC PROCESS.

CREDITS: 4
Duration of Examination: 2 Hours 30 Minutes
MAXIMUM MARKS: 100
  a) Semester Examination: 80
  b) Sessional Assessment : 20

Syllabus for the examinations to be held in May 2011, May 2012, and May 2013.

*Eligibility to appear in exam: 75% Attendance in all papers

COURSE OBJECTIVES
The course is designed to provide an in-depth study of Counselling and Psychotherapeutic Processes. It includes the detailed study of concepts, goals and ethical issues in Counselling and Psychotherapy; Counseling Strategies and Techniques, & Adopting the Counselling Process to Specific Populations.

COURSE TOPICS

UNIT- 1  Fundamentals of Counseling/ Psychotherapy

1.1  Fundamentals of the Counselling Process:
Perspectives on Effective Counselling, Fundamental Precepts of Effective Counselling, Characteristics of Effective Counsellors.

1.2  Understanding Counselling as a Process:
Definition of Counselling, Outcome Goals of Counselling, Process Goals in Counselling, Stages of the Counselling Process.

1.3  Counselling Relationship:
UNIT-II Methods and Ethics in Counseling

2.1 In-Depth Exploration:
Goals and Methods of In-depth Exploration, Advanced Empathy, Close Confrontation, Interpretation & Role Playing.

2.2 Commitment to Action & Termination:

2.3 Ethics in Counseling:
Codes of Professional Ethics, Ethical Principles, Ethical Theory, The Relationship between Ethics and the Law, Common Ethical Violations by Mental Health Professionals.

UNIT-III Counselling Strategies and Techniques

3.1 Assessment and Diagnosis in Counseling:
Components of Effective Diagnosis. Place of Assessment in Counseling Process: Risk & Opportunities, Intake Interviews, Mistakes Counsellors make in Assessment Process. Structuring, Leading and Questioning Techniques Structuring: Leading, the Use of Questions in Counselling.

3.2 Working With Ambivalent, Indifferent & Oppositional Clients:

3.3 Major Theories of Counseling:
Person-Centered Counseling, Gestalt Counseling, Psychoanalytic Counseling, Cognitive Counseling, Trait Factor Counseling, Behavioral Counseling.

UNIT-IV Adopting the Counselling Process to Specific Populations

4.1 Working With Clients in Crisis:
Purpose of Crisis Intervention, Stressful Events that may Precipitate Crisis, Steps in Crisis Intervention.

4.2 Issues of Human Diversity in Counselling:
Considerations in Counselling Culturally Diverse Clients, Counselling
Women & Girls, Counselling Men and Boys, Counselling Gay, Lesbians, Bisexual Clients.

4.3 Working with Children, Their Parents & Older Adults:
How Children Differ from Adults, Communicating, Assessment, Augmenting and Socialization Process, Working With Parents. Working With Older Adults: Characteristics of Older Adults as Clients, Experiences and Counselling Agendas of Older Adults, Counselling Procedures with Older Adults, Working With families of Older Clients.

TEXT BOOKS RECOMMENDED


FURTHER SUGGESTED READINGS


NET SURFING REQUIRED:
Students are highly encouraged to find out the relevant material through NET surfing.

NOTE FOR PAPER SETTING:

The question paper will contain two questions from each unit (total eight questions) and the candidates will be required to answer one question from each unit (total questions to be attempted will be four). Each question will carry 20 marks. The total weightage will be 20×4=80.
OPTIONAL COURSE

COURSE NO: PSY 560  TITLE: PSYCHOLOGY OF HUMAN RESOURCE MANAGEMENT

CREDITS: 4
Duration of Examination: 2 Hours 30 Minutes
MAXIMUM MARKS: 100
  a) Semester Examination: 80
  b) Sessional Assessment : 20

Syllabus for the examinations to be held in May 2011, May 2012, and May 2013.

*Eligibility to appear in exam: 75% Attendance in all papers

COURSE OBJECTIVES
This course aims at understanding the behaviours of individuals along with other organizational assets and familiarise them with the skills, techniques and implications of human resource management.

COURSE TOPICS

UNIT-1
1.1 Human Resource Management: Meaning, Features of HRM, Objectives, Component of HRM, Functions of HRM.


1.3 Social Issues in HRM: Demographic and Employee concerns; Demographic and Cultural Changes. Responsibilities of Human Resource Manager.


UNIT-II


2.3 Needs Assessment for Training: Organization analysis, Task analysis, Person analysis. Designing the training program: Instructional Objectives, Trainee Readiness and Motivation, Principles of Learning, Characteristics of Instructors.

UNIT-III

3.1 Training Methods for Non-managerial Employees: On the job training, Apprenticeship training, Cooperative training, Internship and Governmental training, Classroom Instructions, Programmed instructions, Audio-visual Methods, E-learning, Simulation Method. Training methods for Management division: On job experiences, Seminars and Conferences, Case studies, Management Games, Role Playing, Behavioural modelling.


3.3 Employee Safety: Purpose, Supervisor’s Role in safety, Causes of Accidents and Their Prevention.

UNIT-IV

4.1 Employee Health: Alcoholism at Work, Smoking at Work, AIDS and Other Life-Threatening Illnesses, Job Stress, Burnout.


TEXT BOOKS RECOMMENDED


FURTHER SUGGESTED READINGS


NET SURFING REQUIRED:
Students are highly encouraged to find out the relevant material through NET surfing.

NOTE FOR PAPER SETTING:

The question paper will contain two questions from each unit (total eight questions) and the candidates will be required to answer one question from each unit (total questions to be attempted will be four). Each question will carry 20 marks. The total weightage will be 20x4=80.
COURSE NO: PSY 562    TITLE: INDIVIDUAL BEHAVIOR AND SOCIAL PROCESSES IN ORGANIZATIONS

CREDITS: 4
Duration of Examination: 2 Hours 30 Minutes
MAXIMUM MARKS: 100
   a) Semester Examination: 80
   b) Sessional Assessment : 20

Syllabus for the examinations to be held in May 2011, May 2012, and May 2013.

*Eligibility to appear in exam: 75% Attendance in all papers.

COURSE OBJECTIVES
This course is designed to provide an understanding of human behavior in organization. It also aims at providing an understanding of organizational processes and its linkages with the societal contexts. The students will able to appreciate work motivation, work attitude, group processes, decision making, organizational culture, leadership, institution building, organizational power and politics in general as well as in Indian Context.

COURSE TOPICS

UNIT- 1

1.1 Motivation:

1.2 Attitudes:
Job Satisfaction: Theories of Job Satisfaction, Consequences of Job Dissatisfaction, Promotion of Job Satisfaction. Attitude towards Organization: Organizational Commitment. Negative Attitudes towards others: prejudices.
1.3 Group Dynamics and Team Work:
Group: Characteristics & Types, Group Formation Models, Structural and Social Issues of Work Groups, Individual Performance in groups, Performance in Culturally Diverse Groups; Team: Definitions, Types, Stages for Creating Team, Effectiveness of Team, Building Successful Teams.

UNIT-II

2.1 Organizational Socialization:

2.2 Decision Making in Organization:

2.3 Organizational Culture: Organizational Culture & Core Characteristics, Organizational Culture & Climate Debate, Types of Organizational Cultures, Emergence of Organizational Culture, Tools for Transmitting Culture.

UNIT-III

3.1 Institution Building:

3.2 Leadership:
Basic Assumptions underlying Leadership theory and research, Modal orientations in Leadership paradigms, Limitations of the model orientations. Emerging Frontiers in Leadership research.

3.3 Ethical Dimensions of Leadership Influence Processes:
The Transactional and Transformational Influence process, Ethical Implications, Preparing for Ethical Leadership, Influence of Culture on
Leadership Effectiveness.

UNIT-IV

4.1 Organizational Power:

4.2 Organizational Politics:
Meaning, Types of Political Games, Causes of Political Action and Organizational Politics, Ethics of Organizational Politics, Assessing the Ethics of Political Behaviour.

4.3 Organizational Change:
Nature of the Change Process, Types of Organizational Change: Degree of Change, Timing of Change, Reaction to Change, Strategic Planning for Organizational Change, Organizational Barriers to Change, Implementing Change.

TEXT BOOKS RECOMMENDED


FURTHER SUGGESTED READINGS


**NET SURFING REQUIRED:**

Students are highly encouraged to find out the relevant material through NET surfing.

**NOTE FOR PAPER SETTING:**

The question paper will contain two questions from each unit (total eight questions) and the candidates will be required to answer one question from each unit (total questions to be attempted will be four). Each question will carry 20 marks. The total weightage will be 20x4=80.
POST-GRADUATE DEPARTMENT OF PSYCHOLOGY
UNIVERSITY OF JAMMU
FOURTH SEMESTER
DETAILED SYLLABUS

CORE COURSE FOR CLINICAL SPECIALIZATION

COURSE NO: PSY 575
CREDITS: 4
TITLE: FIELD TRAINING IN
THE SPECIALIZED AREA:
CLINICAL PSYCHOLOGY

MAXIMUM MARKS: 100

Syllabus for the examinations to be held in May 2011, May 2012, and May 2013.

*Eligibility to appear in exam: 75% Attendance in all papers.

COURSE OBJECTIVES
The purpose of this paper is to impart the students the practical experience in the area of clinical specialization. With a view to achieve this goal, each student will be placed in clinics/hospitals/NGO’s or other types of organizations under an agency supervisor and a faculty supervisor.

Students will be required to visit their respective clinics/organizations once in a week and to submit their reports every month in the department through their faculty supervisor.

The students are required to report at least 4 case studies or a small scale quantitative or qualitative study.

Based on their observation of institutional visits students have to present a report.

EVALUATION

External and Internal examiners will evaluate students based on reports and viva voce.

Distribution of Marks:
Report : 60% Viva Voce : 40 %
CORE COURSE FOR ORGANIZATIONAL PSYCHOLOGY SPECIALIZATION

COURSE NO: PSY 576
CREDITS: 4

TITLE: FIELD TRAINING IN
THE SPECIALIZED AREA:
ORGANIZATIONAL PSYCHOLOGY

MAXIMUM MARKS: 100

Syllabus for the examinations to be held in May 2011, May 2012, and May 2013.

*Eligibility to appear in exam: 75% Attendance in all papers.

COURSE OBJECTIVES

The purpose of this paper is to impart the students the practical experience in the area of Organizational Psychology specialization. With a view to achieve this goal, each student will be placed in Industries/NGO's or other types of organizations under an agency supervisor and a faculty supervisor.

Students will be required to visit their respective industries/organizations once in a week and to submit their reports every month in the department through their faculty supervisor.

The students are required to conduct a small scale quantitative or qualitative study.

Based on their observation of organizations' visits, students have to present a report.

EVALUATION

External and Internal examiners will evaluate students based on reports and viva voce.

Distribution of Marks:
Report : 60%  Viva Voce : 40 %