

# THE YOGA CENTRE

UNIVERSITY OF JAMMU

JAMMU - 180006

Ref No: JU/YC/15/752

Dated: 18/06/2015


## Circular

Director The Yoga Centre is organizing three programs on 21<sup>st</sup> June 2015 in order to celebrate an International Yoga Day in collaboration with The Art of Living [AOL] – Yogathan, Directorate of Sports & Physical Education, Centre for Women Studies, and Coordinator NSS, University of Jammu which would start from 5.30 a.m., onwards.

### **The programs are as under:**

1. Art of Living [AOL] – Yogathan - 5.30 a.m. to 7.30 a.m.
2. Female employees (Teaching/ Non-teaching) / - 9.30 a.m. to 10.30 a.m.  
females scholars/students and family members  
of the University employees.
3. Coordinator NSS, University of Jammu - 12.30 p.m. to 1.30 p.m.

Therefore, all the employees of the University (teaching / Non<sup>2</sup> teaching, resident of the Campus and their families) are requested to participate in these programs in large number in order to make the programs a grand success.

  
(Prof. Dhian S. Bhanu)  
Director  
